



## **SPRAY TAN ADVICE**

### **Before Treatment:**

- Evening or morning before your treatment exfoliate your entire body. Pay special attention to dry areas such as feet, elbows, hands and knees.
- Do not wear perfume, deodorant or any lotions
- Wear dark, loose fitting clothes and dark colored underwear.
- Please be aware that the guide color can stain light hair, man-made fibers and wool.
- Waxing or shaving should be done 24 hours prior to the treatment to reduce sensitivity.
- We recommend you have a test patch before your treatment.

### **During Treatment:**

- The treatment takes up to 15 minutes but you should allow drying time and time to prepare and dress.
- The spray mist will dry in just a few minutes so you can dress right after the treatment.
- Avoid touching or rubbing the applied tan once the treatment is completed.
- For the short period that your face is sprayed, close your eyes and do not inhale.

### **After Treatment advice:**

- The mist contains a guide color so you will see a difference right away. Your tan will begin to develop immediately after your treatment for up to 12 hours.
- Do not shower or bathe for a min of 4 hours after treatment. For maximum effect, wait for 12 hours.
- Do not participate in any activity that will cause perspiration for at least 12 hours after treatment.
- It is fine to leave the guide color on overnight and wash in the morning. Some color may transfer onto bed linens.

### **Tan Maintenance:**

- With the correct aftercare your tan will look gorgeous for longer.
- Hydrated skin is key to a longer lasting tan.
- To ensure even fading you need to exfoliate your skin with a body polish to create an even and longer staying tan while leaving your body feeling ultra smooth all over.
- Do not rub, but pat your skin dry after showering or bathing.
- Avoid swimming pools as chlorine can bleach the tan.
- If, after several days you have any areas of self tan build up exfoliate to bring skin back to its normal tone.

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